

**David Stewart Comes to** Campus for Pre-Law Talk

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# Wabash Preps for Election



President Donald Trump and Former Vice President Joe Biden. Voters head to the polls Tuesday to decide this heavily anticipated election that will shape the United States for years to come.

COOPER SMITH '23| ONLINE EDITOR • The United States is very rapidly approaching the end of a years-long election cycle. Voters will head to the polls in just four days to cast their ballots for candidates running for offices ranging from school board seats to President of the United States.

National averages currently show former Vice President Joe Biden ahead of the Republican incumbent Donald Trump in the presidential race, but that lead is in the single digits. Before next Tuesday – before the inevitable email chains begin – The Bachelor looks into one key state in the presidential race and an important election closer to

Florida will play a critical role, as per usual, in either candidate's path to victory. As a reporter for Time magazine writes, "For Trump, there is essentially no path to the White House without Florida. Biden doesn't necessarily need it, but it could be a mighty strong roadblock." This week, a Quinnipiac University poll found Biden up three percentage points in this crucial state. YouGov reported Biden up two. The New York Times reports a polling average of Biden up two. Florida, once again, will be a close race.

As President Trump frequently points out on Twitter, the polls in 2016 were quite

wrong. Could the polls be that wrong again? The New York Times averages current polling data, concluding Biden winning by two percentage points. The paper of record supplements this data with an adjustment, adding the margin of error from 2016 polls. If the polls are as wrong as they were in 2016, according to the Times, then Biden should win Florida by less than one percent. We are certainly in for a tight race to the finish line.

However, we may not know the election results on Tuesday night. With millions more Americans voting by mail, we may be facing an election season, not an election day.

In some key states, state policies increase the likelihood that we may not know the winner on Tuesday night. The Associated Press writes, "In some of the most critical battleground states, laws prevent the early processing of ballots. So on Nov. 3, Election Day, officials will have to run an in-person election while also working through the unprecedented number of mail-in votes." These policies, when combined with an increase in mail-in ballots, heighten the chance of delayed results.

It appears that both parties are anticipating delays. Both candidates brought up the possibility during the presidential debates, with President Trump warning his supporters

of potential fraud. The Associated Press reports, "President Donald Trump has repeatedly warned of voting fraud without offering any evidence. Because of that, there are concerns that he will use delays in votecounting to declare results illegitimate. While results might come in later than usual this year, that's because of a change in how people are voting, not malfeasance or fraud."

As Alexa Corse, a writer for the Wall Street Journal puts it, "There is a good chance that we won't know the winner on election night." We may be in this for the long haul.

But the Presidential election is not the only close election on Tuesday. Closer to home, Indiana's Fifth District has a close race for a U.S. House of Representatives seat. The district's current Representative, Republican Susan Brooks, announced her retirement in June. Now, Republican Victoria Spartz faces Democrat Christina Hale. The district, (which includes Fishers, Kokomo, and Carmel) usually leans Republican. But this time, it's close.

Hale, a former state representative, is focusing on health care, education, and environmental protection. Hale is appealing to a constituency that previously voted Republican – but one with a chance to flip. Hale said, "People here are just so fatigued of all the drama and the constant news cycle....

They're just really looking for practical, competent, empathetic people to represent them in Washington and people that will collaborate across the aisle.

Spartz, a state senator born in the former Soviet Ukraine, is campaigning as a staunch conservative pushing back against what she perceives as socialist ideals. On her website, she explains her philosophy: "limited government is always better, and financial and healthcare decisions should be made by individuals in the free market, not bureaucrats and special interests."

The race has received national attention. The New York Times, The Washington Post, and other media outlets have published coverage. And some political analysts have chosen to cover the fierce race in less-thannormal terms. Adam Wren, Contributing Editor for Politico, tweeted a quote from an Indiana Republican operative. "Hale's campaign is being run with purpose. Spartz's campaign is a fart in a skillet." Even with the national coverage, the campaign clearly still features Midwestern colloquialisms

Regardless of the outcome, the 2020 election cycle is sure to have lasting consequences – for the nation, Indiana and Wabash College.

### College Democrats, Republicans Weigh

### Restoring the Soul of America

LIAM BUCKLEY '22 | COLLEGE DEMOCRATS PRESIDENT • Democracy, decency and humanity are on the ballot on November 3rd. And for those of us who still believe in the words of President Clinton, that "there is nothing wrong with America that cannot be cured by what is right with America," November 3rd will be the day we reaffirm the spirit and soul of our nation.

My prediction of a Biden victory, and subsequent majorities for Democrats in the House and Senate is one I make not in blind optimism, but in a careful and conservative consideration of the information we have about this race. Chief among those is polling. While we look at it with a greater degree of skepticism than four years ago, it indicates a Biden victory overwhelmingly, and gives him a greater likelihood of victory than Secretary Clinton had in 2016. Clinton's loss also had several factors no longer at play in this election, the least talked about being that

historically, it's incredibly difficult and rare to have three consecutive presidential terms for someone of the same party. That paired with a high degree of foreign interference and the Comey letter were factors in her loss. While pro-Trump foreign interference by Russian and Iran is ever-present in this race, we have thus far avoided a late surprise. And as a result of record-shattering early voting totals, are growing immune to one with each passing day.

The condition of the country also plays in Biden's favor. President Trump has objectively botched the nation's COVID response, leading to a massive economic recession. American voters have seen what Donald Trump's leadership looks like, and it's killing them - figuratively and literally. The constant lies, unparalleled corruption and incompetence, meager list of legislative accomplishments, and resignation of our position as a world leader, are ripe in the minds of the electorate. The President's record

matters. Trump could win next week, as he did in 2016, and no one is saying he can't. But Vice-President Biden is in an ideal position to become the

nation's 46th president.

The aftermath of the election is a different matter. Because of high mail-in-ballot numbers this year, we're unlikely to know the results of the election on election night. Unlike his predecessors, Donald Trump does not hold a reverence for the peaceful transition of power or American norms and customs. It's reasonably possible he will take steps to maintain power through a campaign of disinformation and judicial interference. Three Supreme Court Justices (Roberts Barrett, and Kavanaugh), including two appointed by President Trump (Barret and Kavanaugh), worked on the Bush 2000 campaign's legal team. It's not hard to envision a scenario where the election comes down to Pennsylvania. Trump is leading there after election night, and he seeks judicial interference to stop millions

of mail-in ballots from being counted. Only 4 days ago, Justice Kavanaugh released a factually and legally dubious opinion restricting the counting of mail-in ballots in Wisconsin. This is all to say that the institutions of democracy have been deeply eroded over the last decade, and the inevitability of a free, fair, and democratic outcome to this election is

anything but. The prospect of a Biden presidency is a challenge in and of itself. Regardless of whether Democrats seek to expand the number of justices on the Supreme Court – a step I hope and expect they will take - Justice Breyer is likely to retire within Biden's first year in office, leading to another confirmation battle. Among other urgent issues are the need for a stimulus package for the American people and a federal mask mandate. Not to mention climate,

healthcare, and taxes. The healing of America will be long and arduous, but electing Joe Biden as President is the first step.

### A Chaotic 2020 Will Decide the Election

BRYCE MCCULLOUGH '23 | COLLEGE REPUBLICANS PRESIDENT • One year ago, the economy was growing twice as fast as it did under President Obama, the unemployment rate was at a 50-year low of 3.5%, the stock market hit all-time highs, and President Trump's deregulation efforts delivered \$23 billion in benefits to American families and business owners. For an incumbent president, such numbers were hard to

Then 2020 happened.

Trump's response to this year's world-turning events - COVID-19 and a new civil rights movement - are now indisputably the defining issues of this election. Right now, looking at the public polls, President Trump is the underdog to former Vice President Joe Biden's campaign.

Yes, I know the polls were wrong in 2016, and even this year, state-bystate polls show a real path to a Trump victory within the margin of error -

especially if pollsters are making the same systematic errors they made in 2016. If they are wrong again, Donald Trump will shock the world once more and the polling profession will be

If Trump wins, it will be because the silent majority is a real demographic and the Left grossly underestimated his support. However, I am not confident that the President has done enough as an incumbent candidate to keep the size of his 2016 base. persuade undecided voters, and maintain the coalition of crossover support he received in 2016 that led to his victories in the Rust Belt. His victories in swing states four years ago were narrow. He must achieve all three criteria in order to win on November 3rd.

It is widely assumed that the election will not be decided on election night due to an overwhelming number of mail-in ballots. Pew Research Center

found that Republicans are more likely than Democrats to vote early in person and in person on election day. These votes will be counted first. Therefore, it is completely plausible that President Trump will appear in the lead on election night, and I think that will be the reality. It may be enough for him to declare victory. However, once the mail-in votes begin to be counted, the race may sway in Joe Biden's direction since Pew Research Center also found that Democrats were more likely to use this medium for

Nobody knows for sure what is going to happen, so I might as well take a shot in the dark: Joe Biden will win with 290 electoral votes to Donald Trump's 248. Of the swing states, I see Trump carrying Texas, Ohio, Iowa, Florida, and North Carolina. Biden will take the Rust Belt states -

Minnesota, Wisconsin, Michigan, and

Pennsylvania - while adding Arizona.

I believe in Republican leadership - in personal responsibility, the value of free markets to lift the most vulnerable out of poverty and create broad prosperity, in judges who rule on the law instead of legislating from the bench, and a strong foreign policy that protects our national interests. That's what Republican leadership means and the direction I hope to see our country go for the next generation.

Beyond my personal beliefs, I believe that we need to put our country first and that means respecting our elections. Whichever party wins on election night, we need to accept the results of what will be a free and fair election to decide our country's leader for the next four years.

We control how we respond to the results. Our democracy will survive if we remain civil and engaged. 2020 has been a wild ride. It's hard to believe that we still have an election in a couple days.

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# WHAT THE PHO?



Chef Prof. Rick Warner's students prepare food at a cooking class in Vietnam on a Wabash College immersion trip. Wabash students know Prof. Warner for combining his two loves: cooking and world history.

CHEF PROF. RICK WARNER GUEST CONTRIBUTOR • In my experience researching and writing about food, I've noticed that not all countries can agree on a designated "national dish." What would that be in the United States? Some might claim the hamburger, increasingly others would say pizza, and I would put my vote forward for the taco.

From what I can gather, there is more unanimity as to the national dish of Vietnam. The noodle soup pho is generally the only contender for this prize. (It is pronounced "fuh;" if you know that you likely laughed at my title). This is a delicious broth, generally made with beef but sometimes chicken, to which the diner adds herbs or other vegetables at the table.

The history of Vietnam has been heavily influenced by other dominating powers. Political and cultural impact

of China over the centuries probably has exerted the strongest influence (not always welcome) on Vietnam, and since 1900 the French and then the United States attempted colonial or neocolonial control. All of these places left their impact on Vietnamese cuisine.

Pasta and noodles were originally produced in China, and obviously had a huge impact on the world's cuisines. Most food historians believe that a vegetarian version of pho likely dates to the Chinese period (3rd century BCE -10th century CE). The French arrived in the latter 19th century and once they had established colonial control they introduced beef as a part of the diet. Thus, modern pho was born around the turn of the twentieth century, according to most historians.

In general, historians believe that modern pho originated in the north of the country near Hanoi. Earliest records of the dish date to the late

19th centuryat the start of French colonization. The term "pho" derives from the French "feu," for "fire." It is likely that the origin of modern pho is related to the introduction of the French "pot au feu," a classic beef stew. I do not have solid evidence for this, but I think that some of the cooking techniques evolved out of connections with French cuisine. The cusine of France is arguably the most influential in history, in my estimation. (Please don't tell Dr. Rhoades I said that!)

The introduction of beef was critical in the development of the dish. In my experience, one of the unique cooking techniques in making pho relates to the use of soup bones. I watched as members of the Vietnamese Student group here made pho several times in the kitchen of the 308, dutifully following the orders of their chef. One of his practices was to bring the bones to a boil, then drain and rinse them.

This removes impurities. Some recipes call for this treatment, some do not.

There are many varieties of pho. When I was on an immersion trip to Vietnam a few years ago with Prof. Thomas, I tasted pho from all three major regions of Vietnam: north, central and south. The southern version, for example, was a little sweeter with fewer vegetables added, perhaps influenced by U.S. involvement in the region. (Ice cream is more popular in the south as well, and one local claimed that the U.S. was a cause of this.) As Prof. Thomas will attest, I soon found that pho could be eaten for any meal; I ate it 12 times in

I am still learning to make pho and look forward to more lessons from Vietnamese students in my kitchen... post-Covid. For the moment I'll share a recipe that I have been developing. It's a start anyway!

10 days

#### Prof. Warner's Pho

#### Ingredients:

- -6 inches of fresh ginger
- -2 large onions, cut in
- half, unpeeled
- -5 lb. of beef knucle
- -1 lb. of oxtail if available
- optional: 1 lb. of brisket or other marbled beef
- -2 T coriander
- -12 star anise
- -4 sticks of cinnamon
- -3 whole cloves
- -2 T salt
- -2 T sugar
- -2 T fish sauce
- -Rice noodles
- -2 lb. thinly sliced beef
- -Vegies to add at table:
- -Mung sprouts
- -Thai basil or cilantro
- -Sliced jalapeño peppers

- -Sliced spinach
- -Others?

#### Method:

- -Char onion and ginger in a 400F oven.
- -Toast spices in cast iron skillet.
- -If available, wrap in cheesecloth or muslin
- -Rinse all bones. Bring bones to boil for five min-

utes, strain and rinse again. Bring bones to boil again. Add spices, onion and ginger. If possible, simmer for at least six hours, and up to 10. Strain out bones and spic-

-Heat broth. Dip beef with strainer to briefly cook. Serve broth with rice noodles, vegetables and cooked beef.

# Cohen Does It Again

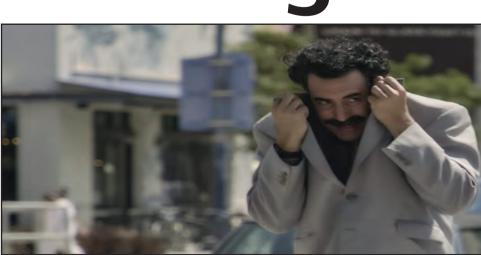
DREW BLUETHMANN '22 | CAVE LIFE EDITOR • Last Friday, Sacha Baron Cohen graced the world when he stepped into his character Borat after a fourteen-year hiatus. Borat Subsequent Moviefilm: Delivery of Prodigious Bribe to American Regime for Make Benefit Once Glorious Nation of Kazakhstan (2020) is a much-awaited sequel to the 2006 smash-hit Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan. I was a bit apprehensive about a sequel to Borat. How could Cohen do it again? Therefore, I went to the viewing with lower than necessary expectations. Although the movie was not quite as good as its predecessor, the film lived up to the previous edition reputation. Cohen was just as hilarious playing the anti-Semitic, socially obtuse, and culturally insensitive Kazakh journalist Borat Sagdiyev. And more importantly, he created a critical social commentary on the United States' current state and created a social time capsule for America in 2020.

The plot of Borat Subsequent Moviefilm centers around Borat attempting to gain the nation's respect back after the Premier of Kazakhstan sends him to the United States to bribe Mike Pence with a monkey. However, after his daughter sneaks into the monkey's shipping crate and eats the monkey, and he realizes that Pence is impossible to reach, he changes his strategy. This new plan is to deliver

points out early in the film, it is nearly impossible for him to walk around major cities dressed as Borat without people recognizing him. So, Borat spends much of the film "in disguise." While this was a bit awkward at first, it added to the film's complexity.

Another unexpected standout in the movie was Cohen's co-star Maria Baklava who played his daughter. Baklava had several solo scenes that made me cringe and grit my teeth as much or more than anything that Cohen did in the film. In a way, she made the film what it is and added even more variability to it that was not in the first Borat movie.

But the movie shined in the aspect that Cohen addresses best, social commentary. The goal of a mockumentary filmed with unknowing participants is to shed light on what people actually think and feel, and Cohen is a master at it. Although Borat Subsequent Moviefilm did not have as many interviews with notable people as the first film, it focused more on the individual American and what they think. For example, he stayed in a cabin with two conservative Texans for a few days. While they did say a few things to Borat that are highly questionable, they were quick to defend women's rights. When Borat pushed back against the idea women have rights, the Texans doubled down and explained to Borat that women are equals. Therefore,



Borat hides his face in public to avoid being noticed by fans of the 2006 film Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan.

He shows that even in the worst of representation, there is still good to be said about our values and customs and even more to work on.

Also, Borat Subsequent Moviefilm works as a time capsule. Cohen and his team filmed the movie in the late spring and early summer. This is reflected in the film's plot. In the beginning, Borat's interactions are "normal." In the next, COVID-19 hit the nation. The film makes the pandemic a significant part of its plot and reveals

Cohen's improvised nature. Therefore,

the film will have a high re-watch value. It indirectly documents the year 2020 and everything from election politics, the global pandemic, and social issues.Borat Subsequent Moviefilm lived up to Sacha Baron Cohen's Reputation.

Although it's not quite as funny as the original, it does a better job of creating social commentary and political irony. If you haven't seen the movie yet, definitely watch it. I have tried to avoid spoilers as much as possible, but  $\boldsymbol{I}$ will leave you with this: Rudy Giuliani is kinda sus.

his daughter to Rudy Giuliani. As Cohen Cohen spares America, to some extent. 2 | WABASHCOLLEGEBACHELOR COM | THE BACHELOR

# Spooky Tunes

IO MAEDA '24 | STAFF WRITER • Halloween is upon us this week. The orange pumpkins and leaves heighten the mood of the atmosphere. We hope that we will have a good refreshing time during this stressful semester.

The Editor-in-Chief Austin told me to write something about classical music related to Halloween. At first, I was a little bit confused to find any relevance between Halloween and classical music. However, what came to my head was Modest Mussorgsky's Symphonic poem "Night on Bald Mountain".

A symphonic poem is one of the music styles born in the Romantic period having just one movement. The music functions to portray the poetic title and its explanation (e.g. a poem or a story) emotionally to raise some image into the audiences' hearts.

Actually, this music is set in Russia's St. John's Day setting during midsummer, not Halloween. However, it still deals with evil spirits. It is believed in Russia that evils will appear on the night of Ivan Kupala, which is one of the Russia's holidays.

Mussorgsky was born as one of the landowner's sons and used to be a serviceman. He is well-known for composing "Pictures at an Exhibition". He composed music that was not influenced by the Western European countries but based on Russia's

original culture and climate. The opera Boris Godunov is a good example to appreciate his Russian music. However, he died of alcoholism at the end (the reason why his face is drawn in red in Ilya Repin's portrait of Mussorgsky is because he was an alcoholic).

There are two versions of this piece. First, the original version composed by Mussorgsky himself. Its irregular rhythm and dissonances make it as a very rough and wild music, which makes it hard to categorize as western classical music. Because of that, it never had a successful performance

The other one is the arranged version by his friend Nikolai Rimsky-Korsakov after Mussorgsky died. Compared to the original, the music is well harmonized based on the traditional western music theory. It has been widely accepted by the audience, which results in people not knowing about the original version.

However, this music review will discuss about the original version to realize its value again. There is a good recording performed by the Berlin Philharmonic and conducted by Claudio Abbado. It can be found on Naxos Music Library, by using the Wabash Lilly Library resources.

The music begins with a fast passage by the strings playing notes that are

close to each other. The woodwind and brass instruments play up and down sharp melodic contours like the wind blasts suddenly. The timpani drums as if the earth shakes.

The trombone and tuba play the main melody in low pitches strongly and slowly. The introduction of other instruments helps these instruments to stand out by creating a strong contrast. It makes the audience imagine that the most powerful demon appears from the ground.

The music continues playing a dancelike melody. However, it does not let people try to dance because of its ominous sounds and texture. Abrupt loud dissonances interjected between the dance-like melody make it hard to understand the music.

The transition part is so complex and chaotic that it is hard to grasp what is happening. The strings, woodwinds, and brass instruments pass the main part to each other. However, there are almost no catchy melodies to follow, which can make the audience feel left behind and overwhelmed by its evil power.

The dance-like melody repeats, but it has become completely impossible to dance. Although the music is slower in this part, the orchestration is more magnificent, which makes the audience be struck with awe. Only the

demon can enjoy dancing to this kind of music.

Now the trumpet blows the dancelike melody. However, it is not bright like bringing sunshine to the music. It is swallowed by the spiral of the evilness created by the strings.

After the trumpet's solo, the strings play the melody like in modern music. Its unique accents are irregular, which was unconventional at that time. It sounds like jazz by having the accents in the weak beats, and syncopation makes the audience unsettling in their seats, which makes us feel bad. Or a good piece for Halloween? The music became chaotic again

without any catchy melodies and it ends suddenly with a short chord. People who know this music by Disney's Fantasia (1940) or Korsakov's arranged version will be surprised that there is no peaceful music at the end. It does not welcome a beautiful sunny morning with arising sounds made by

This year's Halloween might be more costumed because we have been dressing up ourselves all the time by wearing masks. The weather is getting cold so we have to be careful not to catch cold. After Halloween, the last month of November comes and we have to start thinking about the final exam.

### Thankful For Water, Wabash?



PHOTO COURTESY OF WATER.ORG

Water.org has helped over 30 milion people across the world gain acess to clean water and improved sanitation.

PETER LEITHAUSER '24 and DEREK ALLEN '24 | GUEST CONTRIBUTORS • Are you looking for a way to make a positive difference through this tough COVID semester? My Water & Public Health class and I have discussed a way we can help with the severe water crisis going on all over the world. The problem is 844 million people lack access to clean water. This has caused families and communities to go into poverty for generations. Lack of access to clean water causes students to drop out of school. Dirty water and poor toiletskill a child under the age of 5 every 2 minutes. Globally, 31% of schools don't have clean water and 34% lack decent or clean toilets. And there are 785 million people that lack a basic drinking-water service. 145 million people depend on a water service.

We did some research on an organization that can help donate and make a change to this problem in the world. Water.org is an organization started by Matt Damon and Gary White in 2009. They started the organization because they shared a passion for endingthe water crisis around the world. Since 2009 water. org has helped change over 30 million lives around 13 different countries by providing water sanitation devices and clean water (water.org). Water. org and Amazonsmile have collided to help end or at least fix this water crisis.

Amazonsmile is a free way to benefit a charity at no extra cost. For eligible purchases amazon will donate .5% of the total to a charity of your choice. So every purchase you make from amazon, you're helping save a life by signingup and selecting water.org as your charity choice. To sign up for amazonsmile and select water.org, you go to smile.amazon. com. Then sign in to your amazon account. Next you search water.org and finally select it as your charity of choice. Once you make your amazonsmile account, make sure that you remember to renew your account every 6 months. You must also make you order through amazonsmile and not regular amazon or amazon prime. If you make a purchase through regular amazon, it will not donate that .5% of your purchase to water.org.

With your help, we are kicking off a 3forThankful campaign. If you are thankful for your water access, we invite you to take at least one of the following 3 actions by Thanksgiving:

1. Make water.org your Amazonsmile charity of choice. Help save a life today, for free, by signing up at smile.amazon.com.

2. Commit to one way to decrease your water use.

3. Donate to water.org--\$3,\$30,\$300, whatever you can afford.

If we can get everybody or even almost everybody to do this, we can help millions of people get the water they need to survive. Every cent is important and can help resolve the water problems all around the world.



## Days since the last STUDENT email war...

# **Buckeye Athletic Association Recognizes**

Achievements of Coach "Pete" Vaughan

**Archives:** 

From The Ramsay



"Pete" Vaughan Coach Robert E.

Athletic Association harbor high respect for the calibre of football elevens as turned out at Wabash college by head coach Robert E. "Pete" Vaughan was brought out in a recent article appearing in a Sunday issue of The Columbus Dispatch, The article, headed by a picture of the Little Giant mentor, gave a brief review of the notable athletic record compiled by teams serving during the regime of Vaughan and sketched the latter's remarkable career both as a weach and player.

Following is an excerpt taken from the Columbus Dispatch.

With the advent of Wabash and DePauw into the Buckeye Athletic association next fall, some new personalities will be heard from in Ohio athletics and one of these is Robert E. Vaughan, head football coach and basketball coach at Wabash college. Crawfordsville, Indiana.

"Pete," as he is known on the campus, is now serving his twelfth year at the Indiana school, and since he standing records in Wabash athletic the phrase."

That members of the Buckeye history. A survey of those records reveals that he has won many notable victories over larger institutions, including Purdue, Indiana, Notre Dame and other leading middle west-

ern colleges and universities. Perhaps the greatest single achievement accomplished by Pete was his 1925 "Little Giant" basketball five, which swept through a difficult eighteen-game schedule, losing only one battle and that to Wisconsin early in the senson by a single

In his high school days Vaughan won twelve major letters at Crawfordsville. Later, during his college career, he won All-American honors at both Notre Dame and Princeton. Before taking up his work at the Indiana college, he successfully coached at Purdue, and at Camp Shelby during the World war,

One of the finest tributes paid to his ability was by Walter Eckersall, famous sports writer and official, when he said: "He has yet to turn out a Scarlet team which has not uptook over the athletics reins in 1918 held the famous slogan, 'Wabash alhas maintained one of the most out- ways fights," in the truest sense of

### To Stand Aside is to Stand Against



Logan Smith '23

Reply to this editorial at lwsmith23@wabash.edu

ife has always been simple for me. I have grown up in a conservative town, with a conservative family, and ideals that aligned with White America. I was a racist before I knew what race was, I was a sexist before I knew sex was, and I was a homophobe before I knew the word 'gay' existed. I have always been included in everything, while simultaneously excluding those I did not understand. I did not consider the feelings of the marginalized until my high school years, a time in every kid's life where they decide what kind of person they want to be. I was very excited to be a three-sport athlete with baseball, basketball, and football, but I was even more excited to join show choir and do something that I had never done in my life, and of course I was nervous.

Although I had never done anything musical in my life, I found myself enjoying the idea of singing and dancing with my new friends, but I only felt this joy while I was in my show choir class. When I left class, my mood became very different. I was petrified when I was around football players or upperclassmen, and I treated show choir like this secret that no one knew, and as long as I avoided talking about it, I would be safe from ridicule. It all worked well until the inevitable day where I was called out by some older players on the football team who knew I was in show choir. This came when I decided to miss football practice for a rehearsal, like the hundreds of rehearsals I missed for football, and the football team found out about it. For the rest of that season I got the cold shoulder from several upperclassmen, and I was often greeted with a 'What's up fag' or a 'Hey, fairy' from these same players whom I looked up to. For anyone who has not felt rejection from someone you admire, I am here to let you know it hurts, and it hurts even worse when these same people treat you as an outcast for something

that you truly value or that you see as a part of yourself. Luckily, I was talented enough that the coach made sure no one singled me out, and I had great friends who accepted me and treated me like a person, no matter my interests.

But, what of the other people in show choir? Did they not feel the same fear as me? Did they not face the same ridicule? Did they even care? One kid was a homosexual who had already had problems with people at school before, and actively doing something that was 'gay' or 'girly' surely would not help him. Of course, life got more difficult for him, and I would bear witness to this every day when he would come into class having been picked on about something different. For him it was an everyday struggle that he couldn't get away from because he didn't have something that united him with his bullies like me, rather his differences were what intensified the hate and mistreatment he received, and people like me were too scared of being judged again to step up and be his friend.

Not until my last two years of high school did I reach out to this person and try to be their friend, after I was confident that I would be safe no matter

whom I associated with. I got to learn about how this person felt the fear and loneliness that I had felt, and how for several years they had struggled with fighting back because they felt it was a battle they were fighting alone. They were truly convinced that everyone was against them because people like me, who did not want to stick our necks out for others in need, simply sat by as others insulted them and singled them out for being different. This is not the first time the

marginalized have felt alone in a battle with the majority, and certainly will not be the last. Mistreatment like I have shown today is the reason why I no longer stand to the side while others are shamed for being who they are, and I call on my brothers of Wabash to stand united in these times of resistance and struggle. Stand with your brothers who have been marginalized by society and let them know they matter to you and that you will support them when society rejects them. Life is too precious to watch someone struggle when you have the power to stop it, and this is something we must remember as we build a safe and inclusive community at Wabash for generations to come.

# **Body Positivity in Male Spaces**



Alex Koers '23

Reply to this editorial at amkoers23@wabash.edu

m sure everyone has seen hundreds of infographic posts on their Instagram stories. Nicely polished in a clean pastel graphics style, they occupy a unique and odd corner of social media. However, while one of the most common infographic topics of late concerns body positivity, the slides conspicuously lack in one type of character portrayed: none of them are male.

Caring about your appearance is often and led to some pretty bad places.

seen as a feminine trait. We are told from a young age that girls care about hair, makeup, and nails, while boys roll in the dirt with no mind to their appearance. Don't get me wrong, fiveyear-old Alex truly loved rolling in the dirt. But as I grew older, I became selfconscious about how I looked, often to an unhealthy degree. I was always a chubby kid - 115 lbs. in fourth grade but I never cared or noticed until I was 12-13. It was then that I began to hate how I looked, going on my first diet at 14. Eating healthy and being conscious of what you're eating can do wonders for your emotional and mental health, not to mention your physical wellbeing. However, those benefits are dependent on your reasons for doing so. Self-loathing never leads anywhere but down, because you will never be satisfied with your results. The goalposts always move.

For me, these issues compounded

For the most part, I still don't like how I look. I find myself dreading stepping on a scale or seeing myself in pictures. Things have gotten better as I have been able to process these feelings of self-deprecation, but it's still incredibly difficult to discuss when there is so much stigma on men's body positivity. It always feels like you are the only one dealing with this issue when it's just never brought up. It's not always that someone directly tells you your feelings don't matter; they're just literally never discussed.

The lack of discussion has drastic effects on thousands of men across the United States. According to a study done by the Journal of American College Health, one in three diagnosed eating disorders among College students are from males. If 33% of all diagnosed are men but 0% of the conversation includes them, how do we expect this problem to improve? Unfortunately, this number only encompasses those

who came and talked to get a diagnosis. A publication by the National Institutes of Health showed that "Academic papers suggest men comprise around 25% of community-based samples [of eating disorders], but much lower proportions (10% or less) of clinic samples" (Sweeting et. all). 3/5 of men with eating disorders are not diagnosed and not getting help. These numbers clearly demonstrate how men are not reaching out for assistance, which can have life-threatening consequences. Making men's struggles with eating disorders and body anxiety visible will encourage those struggling to get help, making a huge difference to thousands of men nationwide.

Body positivity takes many forms but opening a dialogue and making men's issues visible is the first step. I hope to see the discussion surrounding body positivity come to include men so that we can together improve the mental health of our world.

## Let Us Play!



Jack Davidson

Reply to this editorial at jrdavids21@wabash.edu

ecently, the North Coast Athletic Conference announced the cancellation of winter sports competition and championships in wake of the ongoing pandemic. Meanwhile, high school sports continue to find ways to compete, and other NCAA divisions are finding solutions as well. Even other Division III conferences are working towards solutions for their student-athletes. Nonetheless, the NCAC has seemingly given up on their student-athletes, who have worked tirelessly to compete for championships with their teammates. While I understand the risks associated with COVID-19, there are plenty of ways the season can be completed

safely if the NCAC put in the effort. First, much has been learned about COVID-19 since the start of the pandemic. The increased knowledge allows institutions to properly implement protocols that ensure the safety of student-athletes. Constant

sanitation of equipment, frequent testing, social distancing, temperature checks, and mask wearing are all examples of protocols that have been implemented to help mitigate the spread of COVID-19.

Secondly, I want to talk about the effect of COVID-19 on young college students. By no means am I dismissing the tragedy COVID-19 has caused for many Americans and people around the world. However, when focusing specifically on college-aged students, they face little to no risk from COVID-19. According to the New York Times, approximately 214,000 college students have tested positive for COVID-19 thus far. However, there has been only ONE confirmed death of a college student stemming from the virus. That's .00000467% for those doing the math. Further, a study from the University of Wisconsin School of Medicine examined the effect of high school sports competition on the spread of the virus. The study covered over 30,000 student athletes at 207 schools. Findings demonstrated that "participation in sports is not associated with an increased risk of COVID-19 among Wisconsin highschool athletes." In fact, I would argue athletes are actually at less risk, as they tend to take better care of their bodies and spend most of their time with their teammates at practices and games. Overall, college athletes face

little risk associated with COVID-19, and sports competition has shown to not have any increased effect on the spread of the virus. So, again, the decision by the NCAC to cancel our conference season looks completely short-sided.

Next, the pandemic has worsened mental health related issues in collegeage individuals. In a September study conducted on college students' mental health in the United States, findings showed 71% of the students indicated increased levels of stress and anxiety. Further, these students demonstrated difficulty concentrating, trouble sleeping, decreased social interaction. and concerns about their academic performance (Son et al, 2020). Mental health is a major concern for studentathletes and cancelling sports seasons will pose detrimental risks to their mental health. Sports serve as an outlet for many student-athletes and provide critical social interaction and competition. Additionally, sports teach a plethora of valuable life lessons and allow student-athletes to gain unforgettable memories. For example, look no further than the Indiana Hoosiers' most recent win over Penn State. After Indiana's upset victory, the players experienced a special moment in the locker room with their teammates and coaching staff, one that would not have been possible had the Big Ten not resumed their football

season. The NCAC's decision to cancel the conference season has stripped student-athletes of these opportunities.

Finally, I find it baffling that the NCAC does not recognize the reason many students attend their institutions. More than half of Wabash College's campus participates in a varsity sport, and I am sure other schools in the conference share similar numbers. Much of the reason students attend small, liberal arts schools like those in the North Coast Athletic Conference, is due to the ability to continue playing their sport and receive a quality education. Without athletics, many students would never even consider attending these schools. By cancelling sports seasons, the NCAC is putting its participating institutions at greater risk of losing a chunk of their enrollment. Additionally, this decision could have a major effect on NCAC institutions' ability to recruit for athletics, as high-school athletes will be reluctant to choose a conference that

refuses to fight for their athletes. There are plenty of protocols in place to allow for sports competition this winter. College athletes face minimal risk in relation to COVID-19, thus cancelling seasons will only worsen their mental health. I urge the NCAC to rethink their decision and find solutions for their athletes. If high school sports can figure it out, so can the NCAC. Let us play!

### Get to Work



Derek O'Connor '21

Reply to this editorial at djoconno21@wabash.edu

doesn't care about us." Maybe

all three of those statements are true,

a long winter break, use this time to

maybe not. Regardless, as we approach

not only complete your school work, but

to spend time on improving your whole

being. This semester has been difficult

for everyone, but don't use that as

his semester sucks," "I can't wait to go home," "The school

an excuse to slack on your personal development. I encourage you to focus on three things in these last few weeks

at Wabash: fitness, clarity, and goals. Fitness. Surely you have heard by now how crucial fitness is to your overall health. It offers so many benefits including but not limited to energy, happiness, weight loss, brain health, and better sleep (healthline.com). But guess what, you don't magically receive these benefits by working out once a week. You EARN these benefits by committing to a workout routine and dedicating time each day to complete your workout. Whether you lift weights, practice yoga, run, stretch, ride a bike, walk, or play basketball, you have to commit a period of time each day to performing that workout. Don't tell me you don't have enough time or your schedule is too busy. We go to (or are trapped inside of) an all

guys school in Crawfordsville, Indiana there is not much to do here. Stop telling yourself you don't have enough time, get to work, and experience first

hand the benefits of fitness. Clarity. Take some time and reflect. How are you feeling? What's going well for you? What's been a struggle for you? Where have you been successful? Where can you improve? In what areas of your life do you need to dedicate more time and energy? Are there parts of your life you need to eliminate completely? You will be surprised that by simply observing your life from a calm and honest mindset how much clarity you will gain. Use this knowledge to steer your life in the right direction.

Goals. I know people who fly through their days without contemplating their goals. I know people who only think about their goals and never actually do the work to accomplish them. I also

know people who could care less about goals. Take a minute and figure out where you are on the goal spectrum, and then use your newfound clarity to determine what you want to achieve, or to put it another way, what you want to change. Set a daily goal, a weekly goal, a monthly goal - whichever makes sense for your unique situation. Once you set your mind on a goal, stick to it, and reap the rewards of accomplishing that challenge down the road. If you fall short or get off track, pick yourself up and get back to work.

life, and set goals. Don't wait any longer to make the necessary changes to improve your life. You will never get these last few

weeks back. Fitness. Clarity. Goals. Get to work.

THE BACHELOR | WABASHCOLLEGEBACHELOR COM | 4

These last few weeks are a great opportunity to establish a fitness routine, reflect on your

# Together We Rise



Pictured is Wabash College Basketball Coach Kyle Brumett. In the talk, he was able to speak to how bias affects his professional and personal livelihood.

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This past week, Wabash SAAC and the Diversity and Inclusion Committee have been honoring the fourth consecutive NCAA Diversity-Inclusion week. Wabash marked the week through a collaborative campaign entitled "Together We Rise." Various events have been held this week, discussing topics of brotherhood, diversity, and deliberation.

On Tuesday, the week kicked off with "My Story Matters". This event was a collaboration of multiple diverse student athletes, creating a video that celebrates both individuality and brotherhood. In the video, these athletes celebrated their stories, and showed what it means to be at a space of inclusion such as Wabash College. The second day of this event, entitled

"I've Got Your Back", included a presentation by Vince Greer, the current Associate Dean of Students at Claremont McKenna College. Greer joined Wabash students in his presentation on "Dialogue vs. Debate: How to engage in healthy dialogue". Greer led many Wabash students in a discussion of issues such as inclusion, bias, and diversity. The presentation also helped establish ways to engage in dialogue regarding matters related to diversity and inclusion, garner honest feedback from participants on existing knowledge, discuss comfort levels on matters of diversity and inclusion, and give tools on tangible active listening skills. Greer said, "Ideally, this is an opportunity to learn from one another." Greer also mentioned the importance of hearing others perspectives and engaging in a meaningful discussion. "It feels as if you're trying to win an argument,' Greer said. Instead, Greer said that

we needed to "Seek to understand where someone is coming from, regardless of if you agree." To finish out his discussion, Greer talked about different implicit biases we may hold in our lives, and how we can combat them in different ways. "There are things that maybe we picked up from our households growing up, or the media," Greer said, "The great thing about this though is that it is malleable; our implicit biases can be

To finish out this event, Micah Shrewsberry, the current assistant coach for the Purdue College basketbal team, and Kyle Brummett, Wabash College's basketball head coach, met to have a discussion about the subject of diversity and inclusion in sports and in our lives. This conversation was entitled "Together We Rise: Conversation Among Friends". This conversation was moderated by Shannon Williams, Senior Vice President of community engagement for The Mind Trust in Indianapolis. During this talk, Shrewsberry and Brummett discussed their careers and the time they've spent working together before connecting it to how biases had affected each of them in their professional and personal lives. They also discussed differences in opinion and their differing perspectives.

Many of these events are still available to be seen by Wabash students. The "My Story Matters" video is currently on the Wabash Youtube channel. Also, if you would like to watch the "Dialogue vs. Debate" or the "Together We Rise" discussions, they can be found in Wabash emails, courtesy of Ayanna Tweedy, associate

director of athletics.

### **Gatekeeper Training**

LIAM GRENNON '24 | STAFF WRITER • The Wabash Counseling Center has started to provide a new mental health training program to students this year. Headed by Jaime Douglas, the "You Can Help a Friends Gatekeeper Training" program aims to give students the tools needed to help friends who are dealing with Mental Health issues. As a JED campus, the gatekeeper-style training is available to all students.

We spoke to some of the students who participated in the program two weeks ago.

Lucas Budler '24, Mental Health Chair at Delta Tau Delta, jumped at the opportunity to participate, as it offers him an opportunity to assist his house. "The mental health training was very insightful into how we can best support our brothers who battle with mental health challenges," says Budler, "The training session helped me understand how to approach help, what to say, and when to ask for professional help for a brother or friend. I think the timing of this conversation was vital and it gave us the tools that we can use right away on campus and beyond during this difficult

One of the most important takeaways for Sebastian Wang '22 was that, "Seeking for help is not a sign of weakness. It is a sign of

Daren Glore '22 says he has "Definitely noticed an increase in anxiety and general concern this semester from seemingly the entire student body.

Wang agreed with Glore adding that, "This is not a normal semester, many students that I see are struggling with mental health in many different ways."

Knowing when or how to reach out, help, and get help are all skills the program teaches. Having the wear with all to help others without sacrificing your own mental health is another important aspect of the training.

"We should be initiators. As a brotherhood, we ought to care about each

other. So, reaching out and helping others within one's limits is what Wabash men should do," says Wang, "We all remember a time where we were not okay but didn't want to let people know, and things ended worse than it could have. Thus, we should initiate conversations about mental well being and offer help to those who might need it. Even if that person doesn't accept the offer, knowing that there is someone there willing to help them can be tremendously helpful. Sometimes, that can

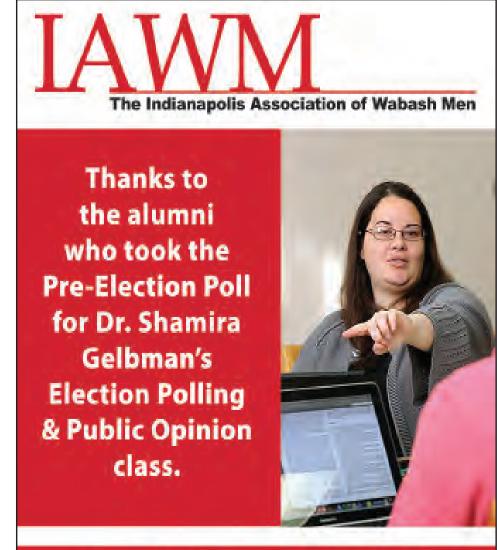
Training is available to all students, something Jamie Douglas hopes more students will take advantage of. Being able to support one another with mental health is another way that Glore thinks the Wabash brotherhood can grow.

'We should continue to put energy toward the notion that Wabash truly is a brotherhood and that everyone should try to make Wabash a place where people, especially men, can talk about their struggles. Whether that be mentally, physically, academically, etc." says Glore.

Karson Goodman '23 agrees that Wabash men should always be cognizant of one another's mental health, especially this

"I think that Wabash men should step up to the challenge when it comes to helping other students. We are known for leading the charge and putting others before ourselves," Goodman says, "It is important to let someone know that they always have someone rooting for them no matter where they are in their battle with mental health. With that being said, it is just as important to take care of our own mental health and refuel because we can only pour out the amount that we have inside.

Jamie Douglas plans to continue to offer training sessions so long as enough students sign up. Lasting roughly an hour and a half, it's an opportunity all students are encouraged to take advantage of.



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#### **BACHELOR**

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### David Stewart '85 Speaks on Career in IP Law



David Stewart '85 pictured. Throughout his career, Stewart has offered institutions like NASCAR, Hilton Hotels, and Chick-fil-A in protecting their Intellectual Property.

JAKOB GOODWIN '23 | STAFF WRITER · On Wednesday, the Pre-Law Society invited David Stewart '85 for a discussion on intellectual property law and brand imaging. Stewart, a Sigma Chi and member of the Glee Club, graduated with an English degree. Stewart, a graduate of the Vanderbilt Law School, was the last visiting speaker for the Pre-Law Society's fall lecture series.

Stewart is a partner at wellrenowned law firm Alston & Bird in Atlanta. He has practiced there for over twenty-five years in their trademark and copyright litigation division, representing a wide variety of well-known clients and protecting their intellectual property. Some of his clients include restaurants like Chick-fil-A, hotel chains like Hilton, and media conglomerates like Warner Brothers and Hanna Barbera. He told multiple stories of defending Aflac when other firms would use the nowfamous Aflac Duck.

He opened his discussion by talking about what students should think about when trying to choose a law school. He discussed things from location, price, and specialty and how law students should attend a law school that helps them reach the specialty they want to practice in. On that note, he discussed how to decide what specialty to take and how to choose to be a litigator or not.

Stewart went on to discuss some of

how these skills can help prepare one for a career in law. His major tip for any aspiring lawyers is to learn how to write short and to the point. Often, judges are reading until the late hours of the night and convoluted writing may make them misunderstand. He also spoke about how thankful he was for the way Wabash teaches critical thinking skills. Stewart said that litigators need to be able to think on their feet and organize information. Mr. Stewart then opened the lecture

the skills that Wabash instills into its

students, particularly writing, and

up for questions. Students inquired about the Aflac Duck, wondering just how far the imagery of a white talking duck with a specific voice goes in copyright law. He explained that as long as your duck cannot be construed as the Aflac Duck, you might be okay. And when another student asked about how to use music in the background of videos, he talked about royalty-free music and how one could find it on the internet.

Intellectual property, copyright, and trademark law is always changing and even more so in the time of technology and social media. And the law is a wide-open field for anyone to explore, should they want to pursue it after their time at Wabash. Mr. Stewart was a great guest to have, and everyone in attendance left the lecture knowing a lot more about exploring the world of the law.

### HI-FIVES

**FIVE THINGS WORTHY** OF A HI-FIVE THIS WEEK

#### **EIGHT-HOUR LINES BUILD CHARACTER?**

Lo-Five to the Marion County Election Board for only opening six early voting locations in Indianapolis. Meanwhile, Hamilton county, with a third as many people, has eight. We can't quite remember what to call this, but we think it rhymes with motor turpession.

#### **MSM SCORES ANOTHER SLAM DUNK**

Lo-Five to The New York Times for publishing an online quiz where you have to guess based of the contents of a fridge if the person who owns it is a Trump supporter or a Biden supporter. Next time you here journalists complaining that the general public doesn't appreciate their work, just call to the mind this Woodward and

Bernstein inspired tour de force.

#### **NEXT TIME JUST GIVE US** A FALL BREAK

Hi-Five to the administration for at least trying with their "wednesday night suprise" trick-or-treat session. Maybe if we're good boys we'll get a pizza party at the end of the year!

#### IT'S A (BOWEL) **MOVEMENT!**

Hi-Five to White Castle for giving emloyees four hours off during election day so they can go vote. Anyone who's eaten White Castle knows they're a company well accostumed to taking people out of comission for hours at a time.

#### **WE WANT BETTER DRUNK FOOD**

Lo-Five to White Castle for not having a location in Crawfordsville. Currently the only option for Wabash students looking to wage war against their digestive system is Sparks. We could really use an upgrade.

## **SPORTS**

# Wabash and NCAC Announce **Further Athletic Suspensions**

BLAKE LARGENT '22 | SPORTS EDITOR • On October 16, Wabash College, in tandem with the North Coast Athletic Conference (NCAC), announced the suspension of athletics practices and related activities from November 25 through January 1, 2021. The NCAC also made the decision to cancel sanctioned competitions and championships for winter sports. This cancellation includes non-NCAC varsity programs, such as wrestling or volleyball. In addition, all Wabash athletes will be returning home on November 25, and will not be staying throughout winter recess like normal.

While fall athletic events have already been suspended, this new announcement primarily affects winter sports. Many sports have also returned to some sort of scheduled practice or workout plan in recent weeks. These sports will have until November 25 to end these activities.

"We are obviously disappointed in this outcome, especially for our seniors who have worked hard to get to this point in their careers, and for all of our winter sports studentathletes," President of the College Scott Feller said. Wabash Director of Athletics and

commented on the situation: "The joint NCAC and Wabash announcement on winter seasons does not foreclose the possibility of competition for winter sports programs in 2021," he said. "At the risk of oversimplifying an incredibly complex environment, access to reliable testing remains a

Campus Wellness Matt Tanney '05 also

critical element in evaluating our path forward. Just like many other Division III conferences and institutions around the country, we still aspire to compete

in the winter and spring.'

This is certainly another instance of negative news for Wabash athletics. However, Tanney did give some hope for the future of Wabash athletics this year: "Although the NCAA canceled fall championships for the academic year, the possibility remains that fall teams could compete this spring," he



COURTESY OF NORTH COAST ATHLETIC CONFERENCE

Wabash and the NCAC announced further athletic suspensions and clarifications for student athletes. All athletic activities will end on November 25, and Wabash athletes will leave campus on that date as well.

said. "We continue to adjust teams' small group workouts as the health environment evolves on campus. We paused workouts a week ago, but credit is due to our coaches on

structuring and monitoring workouts so effectively this semester." Tanney continued: "The front of the Allen Center lobby features our 'Wabash Always Fights' mantra, and the phrase resonates even more the

last eight months. I know that our

scholar-athletes, coaches, and staff

are battling through an incredibly unique semester, just like everyone else on campus. Competition is part of the DNA of athletics, and in its absence, it's required countless adjustments. Despite the challenges, I've seen many 'Wabash Always Fights' moments in the Allen Center that reaffirms, for me, the temporary nature of our predicament. When the time arrives, I know we'll be ready to compete again."

Another plus to this announcement

is the confirmation of Wabash's partnership with Abbott Labs. This partnership should allow for inexpensive, rapid tests for athletes, which could allow for the scheduling of a limited number of athletic events for fall and winter sports teams. In all, this new announcement is yet another that brings challenges for Wabash athletics this semester. And although Wabash athletics have not yet returned to competition, all of Wabash will continue to fight together until then.